



BLACK DOG SWIMMING

CODE OF CONDUCT

(Athlete)

Created 4/1/08

General Conduct Policies

1. Swimmers, parents and coaches will display proper respect and good sportsmanship by conducting themselves in a manner that earns the respect of coaches, teammates, fellow competitors, parents, officials, and others involved in the sport of swimming.
2. Swimmers will arrive for all practices, meets and team functions on time and ready to participate.
3. Swimmers are expected to participate in all team functions in order to promote an atmosphere of team unity.
4. Swimmers' workout behavior will be positive and ambitious, striving to meet the goals and objective of each swim/set/exercise. Negative or disruptive behavior will not be tolerated.
5. Swimmers and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of Black Dog Swimming (BDOG), Minnesota Swimming Inc. (MSI) or USA Swimming or be detrimental to these organizations' objectives. Such behavior includes, but is not limited to, harassment of any kind, hazing or bullying.
6. Any damages to team property or the property of others (including other teams) are prohibited and will be the financial responsibility of the violator. This includes BDOG workout equipment, our pool areas and locker rooms.
7. Swimmers will refrain from the display of inappropriate, offensive or adult-oriented materials.

Swim Meet Policies

1. Swimmers under 16 years of age must be accompanied by a parent/guardian or chaperone arranged for by the swimmer's parents. The parent/chaperone is responsible for the swimmer while at the meet.
2. If wearing a swim cap, swimmers will wear an approved BDOG team cap at all sanctioned swim competitions.
3. Swimmers will arrive on-time for meet warm-ups, according to the published meet information as determined by the host club.
4. Swimmers are expected to sit with the team and participate in all meet activities and team meetings.
5. Swimmers are expected to display proper respect and sportsmanship toward coaches, officials, meet administrators, and fellow competitors.
6. Swimmers are expected to meet with their coach before and after each of their events.

7. In prelim / finals meets, all swimmers who qualify to compete in finals are expected to participate in finals. Scratches will only be allowed by permission of the BDOG coaching staff. Swimmers should be familiar with scratch rules and procedures. All team members are encouraged to return to the finals sessions to support the team and take advantage of the opportunity to learn from watching the finals.
8. As a matter of team pride and courtesy to the meet host, team members are expected to leave the Black Dog Swimming team area in a neat and clean condition at the conclusion at each session of the meet.
9. All questions regarding meet results, officiating, or the conduct of a meet, should be referred to the BDOG coaching staff only. Coaches, in turn, will pursue the matter through appropriate channels.
10. It is preferred that swimmers check with the coaches prior to leaving a meet. Should it become necessary for a swimmer to leave a meet earlier than planned, his/her coach must be notified.
11. Regardless of the result of race performance, swimmers will display respect for all fellow competitors.

Violation of the Code of Conduct Rules

1. Swimmer may be scratched from a meet.
2. Swimmer may be sent home immediately from practice or meet (at his/her own expense, should this apply).
3. Swimmer may be suspended from the team until the swimmer and parents have had a conference with the Head Coach and appropriate disciplinary actions have been implemented.

I have read and understand this Code of Conduct and by this signature, agree to abide by it.

Swimmer's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____
(for swimmers under 18 years of age)



BLACK DOG SWIMMING

CODE OF CONDUCT

(Parent/Guardian)

Created 4/1/08

General Conduct Policies

1. Swimmers, parents and coaches will display proper respect and good sportsmanship by conducting themselves in a manner that earns the respect of coaches, teammates, fellow competitors, parents, officials, and others involved in the sport of swimming.
2. Parents will ensure that dues, meet fees and other miscellaneous fees are paid in a timely manner in accordance with Black Dog Swimming (BDOG) Family Responsibilities & Club Policies.
3. Any damages to team property or the property of others (including other teams) are prohibited and will be the financial responsibility of the violator. This includes BDOG workout equipment, our pool areas and the locker rooms.
4. Parents will ensure that swimmers arrive for all practices, meets and team functions on time and ready to participate.
5. Swimmers and parents are expected to participate in as many team functions as possible, in order to promote an atmosphere of team unity.
6. It is the coaches' job to offer constructive criticism of a swimmer's performance. Parents should focus on support, love, and encouragement.
7. Parents are expected to be in regular contact with their child's coach.
8. Parents are expected to participate as a volunteer at swim meets or another volunteer opportunity, as determined by the volunteer coordinator. Black Dog Swimming is a non-profit organization run by the swimmers' parents. Please help make it a club that is run by all parents.

Swim Meet Policies

1. Swimmers under 16 years of age must be accompanied by a parent/guardian or chaperone arranged for by the swimmer's parents. The parent/chaperone is responsible for the swimmer while at the meet.
2. Swimmers will wear an approved Black Dog Swimming team cap at all sanctioned swim competitions.
3. Meet warm-up times, which are set by the host club and published in the meet information, are to be strictly adhered to by all swimmers.
4. Swimmers are expected to sit with the team and participate in all team meet activities and team meetings.
5. Parents are expected to display proper respect and sportsmanship toward coaches, officials, and meet administrators.

6. Swimmers are expected to meet with their coach before and after each of their events.
7. All questions regarding meet results, officiating, or the conduct of a meet, should be referred to the BDOG coaching staff only. Coaches, in turn, will pursue the matter through appropriate channels.
8. In accordance with USA Swimming rules, parents must remain in the spectator area and off the competitive pool deck unless working at the meet in an official capacity.

Violation of the Code of Conduct Rules

1. Swimmer may be scratched from a meet.
2. Swimmer may be sent home immediately from practice or meet (at his/her own expense, should this apply).
3. Swimmer may be suspended from the team until the swimmer and parents have had a conference with the Head Coach and appropriate disciplinary actions have been implemented.

I have read and understand this Code of Conduct and by this signature, agree to abide by it.

Parent's Signature: _____ Date: _____